



South Carolina Governor's Council on Physical Fitness Accomplishments from 1990—2008

- ◆ Endorsed the “Trails and Greenways Master Plan” for Greenville, South Carolina
- ◆ Supported the establishment of the South Carolina Coalition for Promoting Physical Activity (SCPPA)
- ◆ Provided the first “Walk to School” mini-grants to schools in South Carolina, in collaboration with several organizations and agencies
- ◆ Developed a Position Paper on School Recess and distributed it to South Carolina Public Schools
- ◆ Served as a member of the first statewide advisory council that developed an obesity plan for South Carolina: “Moving South Carolina Towards a Healthy Weight: Promoting Healthy Lifestyles and Healthy Communities”
- ◆ Participated in the establishment of the South Carolina Coalition for Obesity Prevention Efforts (SCOPE)
- ◆ Supported establishing the Eat Smart, Move More Coalition which combined SCPPA and SCOPE
- ◆ Received the Distinguished Service Award from the South Carolina Association of Physical Education, Health, Recreation and Dance for partnership efforts
- ◆ Participated in the South Carolina Department of Education Task Force that examined physical activity and nutrition in public schools and led to the development of recommendations for schools
- ◆ Held advocacy breakfasts with partners to support physical activity bills being considered by the Legislature
- ◆ Supported the establishment and implementation of Physical Education standards and measurements of these standards through the South Carolina Physical Education Assessment Project (SCPEAP)
- ◆ Supported passage of the Student Health and Fitness Act of 2005 through education of policy makers and collaboration with partner organizations
- ◆ Published “The First Wealth Is Health - Promoting Physical Activity in South Carolina,” in collaboration with the South Carolina Department of Education, which was distributed to all public schools and Legislators
- ◆ Participated in physical activity events sponsored by the Governor on regular basis
- ◆ Held an annual physical activity conference for a number of years before SCPPA took leadership of this event, with Council still providing support. Several nationally recognized speakers participated in these conferences
- ◆ Published the “Fitness Connections Newsletter” on a quarterly basis for many years
- ◆ Provided annual awards recognizing a variety of physical activity champions throughout South Carolina
- ◆ Conducted physical activity events in communities through local Council Affiliates
- ◆ Conducted a number of running events in the state for many years